

## MINI-WORKSHOPS – 14.00 to 16.00

**A** - Yohan Diaz de Begar (F) - Eye fish

**B** - Harald Volker Sommer (D) - Building Democracy: Collective Creativity in the Theatral Chorus

**C** - Anniki Scheu (NL) - Speak up and shine

A = Adolf Lehr & Ciril Blei

B = Stadtsaal

C = Corvinus

### **A = Yohan DIAZ DE BEGAR**

*Eye fish*

Welcome and setting Action plan Theater Feedback / Participation Nuanced discourse  
Deconstructed moral judgments Understanding complex paths

I would like to address three themes: prostitution, addiction, disability. To explore these themes, I will use chess and theater (working on both internal and external perspectives). Imagine a floor that represents the chessboard. Each player will represent a piece and have their own problem, which implies consequences (specific rules).

The other element is forum theater, again with each player having their own problem and rules. However, the audience can interrupt, suggest, or replace (a person or an activity). A floor for chess, a stage for forum theater.

### **B = Harald VOLKER SOMMER**

*Building Democracy: Collective Creativity in the Theatral Chorus*

The theatral chorus work as an example of a training of embodies collective structures. mini-workshop and discussion of a paper from Harald Volker Sommer. Topic: the political dimension of the practical theatral chorus work.

The most thrilling aspect of the work with theatral chorus is the experience of the embodies collective; we share the phenomenon of acting like a swarm. This needs a most unknown awareness of the own sensations. Acting as a chorus group creates skills, we need most in a world, where problems are not able to solve as a single person.

### **C = ANNIKKI SCHEU**

*Speak up and shine*

In this short voice workshop, you can expect a lively warming-up for your voice. We open up the body's resonating spaces through movement, singing, breathing and text work. We work in groups and pairs. Speaking with more presence, empathy and passion.

## MINI-WORKSHOPS – 16.30 to 18.30

- D** - Nada Rumanovska Uherova (SK) - Teacher Training and Professional Growth  
**E** - Eva Göksel (S) - Presencing Spaces: How do we co-create sustainable togetherness?  
**F** - Katherina Zarnikova (CZ) - Creative Synergy: Embodying support

D = Adolf Lehr & Ciril Blei  
E = Stadtsaal  
F = Corvinus

### **D = Nada RUMANOVSKA UHEROVA**

#### *Teacher Training and Professional Growth*

In this 90-minute workshop, teachers will be supported in their professional development through tools from drama, acting, and theatre. The roles of teacher and actor share many similarities—both involve presence, communication, empathy, and the ability to respond to the moment. Let's draw inspiration from creative and practical exercises used in acting that can be especially useful for teachers, even on challenging days.

Through practical techniques, the workshop helps you feel more grounded, connect with your students more naturally, and bring greater ease and intention to your teaching.

We will explore: – Vocal warm-ups and breath work for stronger, clearer speech – Body awareness and grounding for classroom presence – Conscious energy management – Mental and emotional preparation for teaching as a performative act In addition to the practical training, the workshop includes a philosophical part: a space for reflection on the deeper role of teachers in society, their inner motivation, and the personal values they bring to their profession. This shared reflection encourages a sense of connection, renewal, and inspiration. Whether you are a beginning teacher or an experienced educator, this workshop offers tools and inspiration to support your growth, creativity, and well-being in the classroom.

### **E = EVA GÖKSEL (S)**

#### *"Presencing Spaces: How do we co-create sustainable togetherness?"*

This workshop explores how we, as educators – and as global citizens – co-create spaces that foster encounter, safety, and reciprocity. We will work with embodied exercises, short improvisations, and dialogical reflection formats. The central questions are: How do we present ourselves to others? What kinds of spaces can we create through our presence? How do we create presenced spaces that support connection, listening, openness, and co-creation? The workshop offers a practical, experiential approach to a mindful, sustainable practice of "holding space."

### **F = Katherina Zarnikova (CZ) -**

#### *Creative Synergy: Embodying support*

In the workshop we will work with different arts forms to explore ways to support the creative expression of young people. With the synergy of the group and the arts we will build the small piece of creative view of the out worlds, dream, support.